Jun. 5 1921 HOW TO TAKE CARE OF THEM.

257-M

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257-1

A tooth has a crown which is the part we see, and a root by which the tooth is fastened to its place in the bone of the jew.

257-2

A tooth is made of a hard substance like ivory and its crown is covered with a still harder substance called enamel.

257-3

Inside the tooth is a space filled by the "Nerve" or pulp. It is the pulp that hurts and causes toothache when decay makes a hole through the enemal into the center of the tooth.

257-4

Clean teeth never decay.

257-5

Decayed teeth cause disease in our bodies.

257-6

Clean teeth and a clean mouth help to keep our bodies healthy and strong.

257-7

Our teeth decay because we out soft foods like white bread, that don't need chewing and sweet things like cakes and candy.

857-8

Don't buy a sucker! That's the way children make their teeth decay.

#### 257-9

Our teeth need exercise like our bodies to make them strong. We can exercise our teeth by eating foods that need a lot of chewing like coarse bread, fruits, vegetables and meat.

#### 257-10

An apple a day, Keeps the doctor away, And the dentist too, I've heard poople say.

# 257-11

Animals don't have to use a tooth brush because they keep their teeth clean by esting coarse, tough food.

#### 857-18

The Tigor's tooth orush is a tough piece of ment.

#### 257-13

And so is the Lion's.

#### 257-14

Baloo, the Bear, cleans his teeth the same way.

#### 257-15

The flow keeps her teeth clean by chewing the tough and stringy leaves of corn fodder; they taste good and they polish her teeth.

# 257-16

The Horse likes a raw carrot; it doesn't stick to his teeth and it keeps his gums hard and healthy.

# 257-17

The Dog's tooth brush is a tough mest bone -- Your teeth will be clean and white as his if you use your brush as thoroughly as he does.

#### 257-18

The elephant eats coarse food. His teeth are like a mill so that he can grind up the 250 lbs. of hay, that he eats every day.

# 257-19

This is how the mill works.

#### 257-20

Soft, sweet foods stick to our toeth and turn sour just as milk turns sour, which makes them decay and the breath disagreebble.

#### 257-21

Pet dogs that eet soft sweet foods have loose teeth and like us they sometimes have to go to the dentist to have their teeth cleaned.

#### 257-22

If we do not take care of our teath, this is what happens.

#### 257-23

This girl takes good care of her teeth for she knows that a fine set of teeth is the sign of good health and the most attractive feature of the face.

#### 257-24

The teeth should be carefully brushed after each meal and this is the way to do it.

#### 257-25

If is easy to brush them properly; see how well this little girl does it.

#### 257-26

In many schools children are taught to keep their teeth clean by the tooth brush drill.

# 257-27

And some schools have the Dental Clinic to take care of the children's teeth.

# 257-28

It is easy to have a dental clinic in any school.

# 257-29

How soon must we begin to take care of our teeth? Even the baby must have his mouth kept clean to prevent colic and indigestion and make him grow up healthy and strong.

#### 257-30

If we neglect our teeth we lose them and when we grow old we look like this.

# 257-31

He is happy because we have promised to give him some artificial teeth.

#### 257-32

They make him look better but they are not as good as real teeth for chewing foods. They are like crutches tohkelp a lame man walk.

# 257-33

But now he knows that to keep his teeth he must keep them clean, even his false ones.

# 257-34

Anyone can learn to keep his teeth clean, even the monkey can do it.

#### 257-35.

Would you eat your food from a dirty plate or with a dirty knife and fork? Of course not. Then keep your teeth as clean as you want your knife and fork and plate to be.

257-36.

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